

Individual Top Marks Indoors Only

Number of Top Times: 10

Mark	Convert	Rnd	Name	Age/Yr			
Female Open 50m Dash							
1	7.05	F	---	Janyla Hoskins	HEMPSTEAD	2/27/2017	2017 Girls Duhawk Invitational
2	7.23	F	---	Emalee Ryder	HEMPSTEAD	2/27/2017	2017 Girls Duhawk Invitational
3	7.43	P	---	Skylynn Reding	HEMPSTEAD	2/26/2018	DuHawk Invitational
4	7.46	F	---	Lindsey Derby	HEMPSTEAD	2/13/2002	2002 Indoor
5	7.47	F	---	Lisa Grant	HEMPSTEAD	2/13/2004	2004 Indoor
6	7.49	P	---	Jenna Coates	HEMPSTEAD	2/26/2018	DuHawk Invitational
7*	7.50	F	---	Jessica Brown	HEMPSTEAD	2/14/2014	2014 Indoor
7*	7.50	F	---	LaJoy Jasper	HEMPSTEAD	2/13/2007	2007 Indoor
9*	7.51	F	---	Keyonna Parnell	HEMPSTEAD	2/14/2014	2014 Indoor
9*	7.51	P	---	Laney Herman	HEMPSTEAD	2/26/2018	DuHawk Invitational
Female Open 55m Dash							
1	7.43	F	---	Janyla Hoskins	HEMPSTEAD	2/26/2019	University of Dubuque Early Bird Co-Ed Invita
2	7.46	F	---	Nakiah Kimble	HEMPSTEAD	2/14/2014	2014 Indoor
3	7.57	F	---	Emily Klein	HEMPSTEAD	3/18/2022	UD Indoor Classic
4	7.58	F	---	Laura Stenzel	HEMPSTEAD	2/13/2010	2010 Indoor
5	7.59	P	---	Hailey Klein	HEMPSTEAD	3/23/2019	2019 IATC Indoor
6	7.78	P	---	Emalee Ryder	HEMPSTEAD	3/23/2019	2019 IATC Indoor
7	7.82	F	---	Sarah Lauer	HEMPSTEAD	2/14/2015	2015 Indoor
8	7.83	F	---	Emma Hilkin	HEMPSTEAD	3/10/2022	Senior Indoor
9	7.85	F	---	Natasha Freiburger	HEMPSTEAD	3/3/2020	University of Dubuque Early Bird Co-Ed
10	7.86	F	---	Jillian Renne	SO HEMPSTEAD	3/25/2023	Iowa Indoor Championships
Female Open 60m Dash							
1	7.89	F	---	Janyla Hoskins	HEMPSTEAD	3/9/2020	2020 Girls AD Dickinson Relays
2	8.31	F	---	Allie Splinter	HEMPSTEAD	2/13/2001	2001 Indoor
3	8.36	F	---	Emily Klein	HEMPSTEAD	3/7/2022	Dickinson Indoor
4	8.39	F	---	Hailey Klein	HEMPSTEAD	3/4/2019	2019 Girls AD Dickinson Relays
5*	8.47	F	---	Skylynn Reding	HEMPSTEAD	3/13/2018	MVC Indoor
5*	8.47	F	---	Emma Hilkin	HEMPSTEAD	3/12/2019	2019 MVC Indoor
7	8.50	F	---	Keyonna Parnell	HEMPSTEAD	2/14/2014	2014 Indoor
8*	8.52	F	---	Toyriana Hampton	HEMPSTEAD	3/14/2023	MVC Indoor
8*	8.52	F	---	Katie Ehlers	HEMPSTEAD	2/14/2015	2015 Indoor
10	8.55	P	---	Emalee Ryder	HEMPSTEAD	3/6/2017	2017 Girls A D Dickinson Relays
Female Open 200m Dash							
1	27.24	F	---	Janyla Hoskins	HEMPSTEAD	3/9/2020	2020 Girls AD Dickinson Relays
2	27.50	F	---	Nakiah Kimble	HEMPSTEAD	2/14/2014	2014 Indoor
3	27.71	F	---	Emily Klein	HEMPSTEAD	3/15/2022	MVC Indoor Championship
4	28.15	F	---	McKenzie Digman	HEMPSTEAD	2/13/2012	2012 Indoor
5	28.21	F	---	Mallory Tomkins	SO HEMPSTEAD	3/5/2024	Dickinson Indoor
6*	28.24	F	---	Nina Schnee	HEMPSTEAD	2/13/2001	2001 Indoor
6*	28.24	F	---	Amanda Oostendrop	HEMPSTEAD	2/13/2001	2001 Indoor
8	28.37	F	---	Alyssa Miner	HEMPSTEAD	2/13/2012	2012 Indoor
9	28.38	F	---	Ayla Osterkamp	JR HEMPSTEAD	3/6/2023	2023 Dickinson Relays
10	28.55	F	---	McKenna Johnson	HEMPSTEAD	3/14/2017	2017 MVC Indoor
Female Open 400m Dash							
1	59.45	F	---	Laura Stenzel	HEMPSTEAD	2/13/2011	2011 Indoor
2	1:00.62	F	---	Keelee Leitzen	SR HEMPSTEAD	3/7/2024	Senior Indoor
3	1:02.47	F	---	Brooke O'Brien	HEMPSTEAD	3/6/2023	2023 Dickinson Relays
4	1:02.74	F	---	Ayla Osterkamp	JR HEMPSTEAD	3/5/2024	Dickinson Indoor
5	1:03.34	F	---	Heather Muntz	HEMPSTEAD	2/13/2016	2016 Indoor
6	1:03.47	F	---	Camdyn Kay	SR HEMPSTEAD	3/14/2023	MVC Indoor

Individual Top Marks Indoors Only

Number of Top Times: 10

	Mark	Convert	Rnd	Name	Age/Yr		
7	1:03.74	F	---	Kaylee Leicht	HEMPSTEAD	3/9/2020	2020 Girls AD Dickinson Relays
8	1:04.08	F	---	Bailey Ohnesorge	HEMPSTEAD	2/13/2016	2016 Indoor
9	1:05.35	F	---	Grace Ries	HEMPSTEAD	3/15/2019	2019 UD Indoor Classic
10	1:05.57	F	---	McKenna Johnson	HEMPSTEAD	3/17/2017	UD Girls High School Indoor Classic
Female Open 600m Run							
1	1:44.36	F	---	Kaylee Leicht	HEMPSTEAD	3/5/2020	Dubuque Senior Indoor
2	1:51.52	F	---	Heather Muntz	HEMPSTEAD	2/13/2016	2016 Indoor
3	1:51.84	F	---	Morgan Foley	HEMPSTEAD	2/13/2001	2001 Indoor
4	1:53.00	F	---	Emma Holesinger	HEMPSTEAD	3/1/2018	DBQ Senior Women's Indoor
5	1:53.20	F	---	Emily Buchheit	HEMPSTEAD	3/14/2017	2017 MVC Indoor
6	1:54.31	F	---	Julia Meehan	HEMPSTEAD	3/14/2017	2017 MVC Indoor
7	1:56.50	F	---	Hannah Brown*	HEMPSTEAD	2/26/2018	DuHawk Invitational
8	1:57.72	F	---	Trinity Kessler	HEMPSTEAD	3/10/2022	Senior Indoor
9	1:59.35	F	---	Kelsey Streif	HEMPSTEAD	2/13/2008	2008 Indoor
10	1:59.72	F	---	Elizabeth Johnson	HEMPSTEAD	2/13/2003	2003 Indoor
Female Open 800m Run							
1	2:16.90	F	---	Keelee Leitzen	SR HEMPSTEAD	3/14/2023	MVC Indoor
2	2:19.78	F	---	Brooke O'Brien	HEMPSTEAD	3/25/2023	Iowa Indoor Championships
3	2:22.46	F	---	Julia Gehl	SR HEMPSTEAD	3/17/2023	UD Indoor Classic
4	2:28.99	F	---	Heather Muntz	HEMPSTEAD	2/13/2016	2016 Indoor
5	2:29.01	F	---	Kaylee Leicht	HEMPSTEAD	3/9/2020	2020 Girls AD Dickinson Relays
6	2:29.33	F	---	Emma Holesinger	HEMPSTEAD	3/12/2019	2019 MVC Indoor
7	2:31.62	F	---	Hannah Brown*	HEMPSTEAD	3/16/2018	UD Girls High School Indoor Classic
8	2:33.55	F	---	Maddie Digman	HEMPSTEAD	3/25/2023	Iowa Indoor Championships
9	2:34.74	F	---	Lindsey Yunt	HEMPSTEAD	2/13/2001	2001 Indoor
10	2:35.74	F	---	Mylee Lange	JR HEMPSTEAD	3/15/2024	UD Indoor Classic
Female Open 1000m Run							
1	3:40.60	F	---	Heidi Welu	HEMPSTEAD	2/27/2017	2017 Girls Duhawk Invitational
2	3:44.92	F	---	Elli Saddler	HEMPSTEAD	2/14/2013	2013 Indoor
3	3:47.51	F	---	Erin Lange	HEMPSTEAD	2/14/2014	2014 Indoor
4	3:49.46	F	---	Stacey Scheuler	HEMPSTEAD	2/13/2001	2001 Indoor
5	3:49.87	F	---	Kelsey Streif	HEMPSTEAD	2/13/2010	2010 Indoor
6	3:51.84	F	---	Brenna Fransen	HEMPSTEAD	2/14/2015	2015 Indoor
7	3:54.28	F	---	Destiny Kessler	HEMPSTEAD	2/13/2008	2008 Indoor
8	3:55.88	F	---	Ashley Leibfried	HEMPSTEAD	2/14/2014	2014 Indoor
9	3:56.38	F	---	Sam Lehey	HEMPSTEAD	2/13/2012	2012 Indoor
10	3:57.08	F	---	Agatha Urdangan	HEMPSTEAD	2/13/2016	2016 Indoor
Female Open 1500m Run							
1	4:41.36	F	---	Keelee Leitzen	SR HEMPSTEAD	3/25/2023	Iowa Indoor Championships
2	4:42.46	F	---	Julia Gehl	SR HEMPSTEAD	3/25/2023	Iowa Indoor Championships
3	4:57.89	F	---	Brooke O'Brien	HEMPSTEAD	3/14/2023	MVC Indoor
4	5:11.03	F	---	Evie Henneberry	HEMPSTEAD	3/25/2023	Iowa Indoor Championships
5	5:12.85	F	---	Casey Nichols	HEMPSTEAD	3/13/2018	MVC Indoor
6	5:18.58	F	---	Heather Hostager	HEMPSTEAD	2/13/2016	2016 Indoor
7	5:18.61	F	---	Emma Holesinger	HEMPSTEAD	3/16/2018	UD Girls High School Indoor Classic
8	5:21.73	F	---	Kristan Brown	HEMPSTEAD	2/14/2015	2015 Indoor
9	5:22.79	F	---	Julie White	HEMPSTEAD	2/13/1999	1999 Indoor
10	5:24.14	F	---	Amy Bowden	HEMPSTEAD	2/13/2009	2009 Indoor
Female Open 3000m Run							
1	10:20.51	F	---	Julia Gehl	SR HEMPSTEAD	3/6/2023	2023 Dickinson Relays
2	11:03.60	F	---	Casey Nichols	HEMPSTEAD	3/16/2018	UD Girls High School Indoor Classic

Individual Top Marks Indoors Only

Number of Top Times: 10

	Mark	Convert	Rnd	Name	Age/Yr		
3	11:04.58	F	---	Evie Henneberry	HEMPSTEAD	3/17/2023	UD Indoor Classic
4	11:13.39	F	---	Heather Hostager	HEMPSTEAD	3/17/2017	UD Girls High School Indoor Classic
5	11:22.55	F	---	Caissa Tuley	HEMPSTEAD	2/14/2015	2015 Indoor
6	11:24.70	F	---	Keelee Leitzen	SR HEMPSTEAD	3/7/2022	Dickinson Indoor
7	11:25.26	F	---	Sophia Dallal	HEMPSTEAD	3/6/2023	2023 Dickinson Relays
8	11:27.45	F	---	Shaelyn Hostager	HEMPSTEAD	3/14/2017	2017 MVC Indoor
9	11:34.75	F	---	Brooke O'Brien	HEMPSTEAD	3/8/2021	Dickinson Indoor
10	11:36.32	F	---	Emma Holesinger	HEMPSTEAD	3/14/2017	2017 MVC Indoor
Female Open 50m Hurdles							
1	9.30	F	---	Hailey Koerperich	HEMPSTEAD	2/13/2012	2012 Indoor
2	9.33	P	---	Ivy Dearstone	HEMPSTEAD	2/26/2018	DuHawk Invitational
3	9.34	F	---	Allison Sprague	HEMPSTEAD	2/13/2012	2012 Indoor
4	9.40	F	---	Katie Crawford	HEMPSTEAD	2/13/2009	2009 Indoor
5	9.42	P	---	Selma Lindblom	HEMPSTEAD	2/14/2013	2013 Indoor
6	9.45	P	---	Alaina Belken	HEMPSTEAD	2/13/2009	2009 Indoor
7*	9.55	P	---	Brie Tauber	HEMPSTEAD	2/13/2012	2012 Indoor
7*	9.55	P	---	Andrea Longstreet	HEMPSTEAD	2/26/2018	DuHawk Invitational
9	9.67	P	---	Liza Kramer	HEMPSTEAD	2/13/2012	2012 Indoor
10	9.69	P	---	Isabell Tharp	HEMPSTEAD	2/14/2013	2013 Indoor
Female Open 55m Hurdles							
1	9.58	F	---	Mya Curry	SR HEMPSTEAD	3/18/2022	UD Indoor Classic
2	9.67	F	---	Anna Kramer	HEMPSTEAD	2/14/2015	2015 Indoor
3	9.80	F	---	Madysen Moore	HEMPSTEAD	2/13/2010	2010 Indoor
4	9.84	F	---	Katie Crawford	HEMPSTEAD	2/13/2009	2009 Indoor
5*	9.96	F	---	Ivy Dearstone	HEMPSTEAD	3/1/2018	DBQ Senior Women's Indoor
5*	9.96	F	---	Bailey Sandman	HEMPSTEAD	2/13/2016	2016 Indoor
7	10.08	F	---	Hailey Koerperich	HEMPSTEAD	2/13/2011	2011 Indoor
8	10.16	F	---	Ellie Arnsdorf	HEMPSTEAD	2/13/2011	2011 Indoor
9*	10.23	F	---	Faith Jasper	HEMPSTEAD	3/15/2019	2019 UD Indoor Classic
9*	10.23	F	---	Isabell Tharp	HEMPSTEAD	2/14/2015	2015 Indoor
Female Open 60m Hurdles							
1	10.39	F	---	Katie Crawford	HEMPSTEAD	2/13/2009	2009 Indoor
2	10.45	F	---	Ellie Arnsdorf	HEMPSTEAD	2/13/2011	2011 Indoor
3	10.53	F	---	Mya Curry	SR HEMPSTEAD	3/15/2022	MVC Indoor Championship
4	10.58	F	---	Bailey Sandman	HEMPSTEAD	2/13/2016	2016 Indoor
5	10.87	F	---	Liza Kramer	HEMPSTEAD	2/13/2012	2012 Indoor
6	10.94	F	---	Brie Tauber	HEMPSTEAD	2/13/2012	2012 Indoor
7	11.09	F	---	Isabell Tharp	HEMPSTEAD	2/14/2015	2015 Indoor
8	11.17	F	---	Gillian Jaeger	HEMPSTEAD	3/9/2020	2020 Girls AD Dickinson Relays
9	11.21	F	---	Amber Smothers	HEMPSTEAD	2/14/2014	2014 Indoor
10	11.22	F	---	Devan Siegert	HEMPSTEAD	2/14/2013	2013 Indoor
Female Open High Jump							
1	5-02.00	1.57m	F	Erin McGrath	HEMPSTEAD	2/27/2017	2017 Girls Duhawk Invitational
2	5-01.00	1.54m	F	Ivy Dearstone	HEMPSTEAD	2/26/2018	DuHawk Invitational
3*	5-00.00	1.52m	F	Ella Johnson	HEMPSTEAD	2/26/2019	University of Dubuque Early Bird Co-Ed Invita
3*	5-00.00	1.52m	F	Heather Splinter	HEMPSTEAD	2/14/2013	2013 Indoor
3*	5-00.00	1.52m	F	Camdyn Kay	SR HEMPSTEAD	3/10/2022	Senior Indoor
3*	5-00.00	1.52m	F	Bailey Sandman	HEMPSTEAD	2/14/2015	2015 Indoor
7*	4-10.00	1.47m	F	Amber Smothers	HEMPSTEAD	3/6/2017	2017 Girls A D Dickinson Relays
7*	4-10.00	1.47m	F	Beth Ratterman	HEMPSTEAD	2/13/2001	2001 Indoor
7*	4-10.00	1.47m	F	Tara Biedermaid	HEMPSTEAD	2/13/1998	1998 Indoor

Individual Top Marks Indoors Only

Number of Top Times: 10

	Mark	Convert	Rnd		Name	Age/Yr		
7*	4-10.00	1.47m	F	---	Paisley Kascel		HEMPSTEAD	2/13/2016 2016 Indoor
Female Open Long Jump								
1	16-08.00	5.08m	F	---	Janyla Hoskins		HEMPSTEAD	3/6/2017 2017 Girls A D Dickinson Relays
2	16-06.00	5.02m	F	---	Ella Johnson		HEMPSTEAD	3/4/2019 2019 Girls AD Dickinson Relays
3	15-09.00	4.80m	F	---	Riley Bleymeyer		HEMPSTEAD	3/14/2017 2017 MVC Indoor
4	15-08.00	4.77m	F	---	Ayla Osterkamp	JR	HEMPSTEAD	3/7/2024 Senior Indoor
5*	15-07.00	4.75m	F	---	Brooke Baker		HEMPSTEAD	2/13/2004 2004 Indoor
5*	15-07.00	4.75m	F	---	Emalee Ryder_		HEMPSTEAD	3/23/2019 2019 IATC Indoor
7	15-06.75	4.74m	F	---	Natalie Schlichte		HEMPSTEAD	3/15/2022 MVC Indoor Championship
8*	15-05.50	4.71m	F	---	Nakiah Kimble		HEMPSTEAD	2/14/2014 2014 Indoor
8*	15-05.50	4.71m	F	---	Jenna Coates		HEMPSTEAD	2/29/2016 2016 Girls Duhawk Invitational
10	15-04.50	4.68m	F	---	Emily Schwendinger		HEMPSTEAD	2/14/2015 2015 Indoor
Female Open Shot Put								
1	39-03.00	11.96m	F	---	Ashley Simpson		HEMPSTEAD	2/13/2003 2003 Indoor
2	37-09.00	11.50m	F	---	Hope Koerperich		HEMPSTEAD	2/14/2013 2013 Indoor
3	37-08.25	11.48m	F	---	Megan Gronau		HEMPSTEAD	3/2/2017 2017 DBQ Senior Women's INDOOR
4	36-09.00	11.20m	F	---	Ashley Boleyn		HEMPSTEAD	2/13/2010 2010 Indoor
5	35-10.00	10.92m	F	---	Melissa Fessler		HEMPSTEAD	2/13/2003 2003 Indoor
6	35-05.50	10.80m	F	---	Sarah Gronau		HEMPSTEAD	2/14/2013 2013 Indoor
7	35-02.00	10.71m	F	---	Hannah Koerperich		HEMPSTEAD	2/13/2011 2011 Indoor
8	35-01.00	10.69m	F	---	Madison Fleckenstein		HEMPSTEAD	3/12/2019 2019 MVC Indoor
9	34-11.00	10.64m	F	---	Brittany Demmer		HEMPSTEAD	2/13/2009 2009 Indoor
10	34-09.00	10.59m	F	---	Murphy Bleymeyer		HEMPSTEAD	2/27/2017 2017 Girls Duhawk Invitational